Shaker Seminars 2017

NICU SWALLOWING AND FEEDING
and after discharge in Early Intervention

- May 22-23 Nashville
- June 12-13 Chicago
- July 22-23 New York
- Aug 20-21 Los Angeles
- Sept 24-25 Dallas
- Oct 17-18 Baltimore

PEDIATRIC SWALLOWING/ FEEDING
The Essentials

- May 19-20 Nashville
- June 9-10 Chicago
- July 19-20 New York
- Aug 17-18 Los Angeles
- Sept 21-22 Dallas
- Oct 14-15 Baltimore

PEDIATRIC VIDEOPHLOUROROSCOPIC
SWALLOW STUDIES

- May 21 Nashville
- June 11 Chicago
- July 21 New York
- Aug 19 Los Angeles
- Sept 23 Dallas
- Oct 16 Baltimore

THE EARLY FEEDING SKILLS
ASSESSMENT TOOL: A Guide to
Cue-Based Feeding in the NICU

- July 16-17 New York

FACULTY
Benefit from instructors who are highly experienced with complex neonatal and pediatric patients

Catherine Shaker MS/CCC-SLP, BCS-S is a Pediatric Speech-Language Pathologist with over 40 years experience with neonates, medically-fragile infants, and children through school age with complex needs across the continuum of pediatric settings. She is an ASHA Board Certified Specialist in Swallowing and Swallowing Disorders. Ms. Shaker has worked full-time in large Level III NICUs for over 32 years and currently works at Florida Hospital for Children in Orlando. She has published several manuscripts on NICU intervention, and co-authored The Early Feeding Skills Assessment Tool with Dr. Thoyre. Ms. Shaker received the Pioneer Award from NANT (The National Association of Neonatal Therapists) and is a recognized leader in NICU practice and supporting EI clinicians following NICU graduates. She provides swallow studies for infants and children, is NDT trained, and is an invited lecturer both internationally and in the US for therapists, nurses & physicians.

Theresa Gager MS/CCC-SLP has 31 years experience as a Pediatric Speech-Language Pathologist, with children from infancy through school age with complex swallowing, feeding, oral-motor and respiratory problems. She is NDT trained and has provided services to children in the schools, outpatient, home health, early intervention and the NICU. She teaches and consults nationally. Down to earth and known as a sought-after problem-solver.

Suzanne Thoyre RN, PhD is Professor at the University of North Carolina at Chapel Hill School of Nursing. Dr. Thoyre has worked as a neonatal nurse for 28 years and coordinated the Neonatal Nurse Practitioner Program at the University of North Carolina. She lectures extensively nationally and internationally on cue-based feeding. Her research studies focus on the physiology of preterm infant feeding, mother/nurse-infant feeding interactions, and infants’ behavioral and physiologic responses to specific feeding interventions. A gifted and amazing researcher who brings current insights to infant-guided NICU feeding - will change your practice!
NICU INTERVENTION:
Swallowing/Feeding Issues in the Nursery and After Discharge
INSTRUCTOR: Catherine Shaker

Cutting-edge 2-days with an expert in the NICU. Essential evidence-based information for managing the complex swallowing and feeding needs of preterm and sick term infants in the NICU and in Early Intervention. Functional problem-solving approach to assessment and treatment, including a broad range of interventions and how to problem-solve. Hear the latest research and how it applies. Case studies and videos of neonates feeding enhance learning. Gain confidence with babies you are seeing in EI and with supporting parents. Attendees often say this is “The best NICU course you can find!” and “Now I know how to help my babies in EI!” Leave with amazing resources for future learning!

Learning Outcomes
- Describe the impact of medical and developmental issues on swallowing and feeding in the NICU
- Delineate the differences between feeding and swallowing behaviors: preterm infant vs. normal newborn vs. sick term infant vs. the chronically-ill premie
- Discuss assessment and treatment strategies for swallowing and feeding in this specialized population
- List strategies for managing the complex needs of these infants and their families in the nursery and through the transition to home and community

Seminar Content
- The NICU Experience: Family Perspective
- Medical and Breathing, Case Plans, Feeding, working with your team in NICU and EI
- Unique Follow-Up Issues, Optimizing Parent Support, Problem-solving on-going issues after discharge
- Networking with colleagues in NICU and EI seeing babies

This course is offered for 1.35 ASHA CEUs (Intermediate level, Professional area)

PEDIATRIC SWALLOWING AND FEEDING: The Essentials
INSTRUCTORS: Catherine Shaker, Theresa Gager


Learning Outcomes
- Delineate normal swallowing (neonate -> adulthood)
- Describe the impact of atypical neuromotor development on oral-motor/feeding/swallowing
- Provide current treatment strategies for neonates, medically-fragile infants, babies, CP, sensory issues, feeding aversions, droolers, tube fed, oral-motor, biting/chewing
- Describe airway, breathing and flow rate issues that impact safety of feeding and intake
- Identify key criteria for nipples, bottles, spoons, cups.
- Describe a wide variety of intervention and problem-solving techniques, neonate->school-aged
- List key indicators to refer for a swallow study, what to expect, how to utilize information

Seminar Content
- Frame of reference: normal, atypical development
- Impacts on feeding/swallowing: airway, respiration, GI, sensory, behavior, postural issues
- How does the swallow change: impact on therapy
- Assessment: Problem-solving babies to school-aged
- Swallow Studies: Why, what to expect, Results
- Intervention and Problem-Solving
  - Positioning/Handling
  - Tactile sensory, preparation for oral exploration, feeding and sound production, Oral-Motor
  - NMES/Vital Stim applications in pediatrics
  - Diet and texture, biting and chewing progression
  - Nipples, bottles, cups, spoons: what and why
  - Sensory-behavioral feeding issues, approaches
  - Tube-fed kids: weaning
  - Premies: key diagnostics and strategies

This course is offered for 1.3 ASHA CEUs (Intermediate level, Professional area)

PEDIATRIC VIDEOFLUOROSCOPIC SWALLOW STUDIES: From Physiology to Analysis
INSTRUCTOR: Catherine Shaker

Evolution of physiology from infancy forward. Extensive information for conducting and interpreting pediatric swallowing studies and problem-solving at each juncture. Learn how to look beyond aspiration and appreciate the entire swallow pathway and its potential for compensations and maladaptations in relation to co-morbidities. Procedures in preparation for and during the study that are most common across the US. Recommendations and optional treatment modalities specific to pediatrics will be highlighted. A pediatric history and report format provided to enhance learning. Videos of normal swallowing and typical radiographic swallowing problems will be shown, case scenarios, and real-life examples discussed. Leave with a new appreciation for the essential current perspectives and the importance of problem-solving each infant/child and his unique presentation. Learn strategies to enhance MD understanding, buy-in and support from a clinician “in the trenches”. Feedback from SLPs noted “Phenomenal up-to-date compendium of information and pediatric videos” and “no cookbook answers, focus on looking at big picture and use of critical thinking.”

Learning Outcomes
- Describe normal radiographic swallowing behaviors in pediatrics (neonate -> 5 years)
- Delineate differences between pediatric and adult studies
- Describe optimal procedures for pediatric patients
- Describe typical problems and compensations used in pediatrics
- Discuss recommendations and highlight treatment modalities specific to the pediatric population

Seminar Content
- Pediatric vs. Adult studies
- Criteria for referral & readiness for swallow study
- Preparing the family
- Normal swallowing physiology: Birth to Adulthood
- Protocol/Positioning/Textures
- Typical problems/Modifications, Strategies
- Analysis, Recommendations/Treatment Modalities

This course is offered for 0.65 ASHA CEUs (Intermediate level, Professional area)

Seminar 830 am - 430 pm both days
Registration 745 am - 815 am day one
THE EARLY FEEDING SKILLS ASSESSMENT TOOL:  
A Guide to Cue-Based Feeding in the NICU

Instructors: Catherine Shaker, Suzanne Thoyre

This advanced NICU seminar will share the latest on cue-based feeding! Learn the key components of an effective cue-based approach that is essential to collaborative feeding practice. Infant-focused versus volume-focused feeding. Review current research about the preterm’s feeding skill acquisition, the role of experience, growth, dynamic systems theory, and feeding outcomes after intensive care. View engagement, physiologic stability, oral-motor, swallowing, coordination of s-s-b based on infant cues via videotaped feedings. Gain confidence using the Early Feeding Skills Assessment Tool, a user-friendly infant-focused tool. Profiles essential skills that are not evident, emerging or established. Use that info to plan individualized interventions that work for the entire team. Learn the components of an infant-feeding co-regulated approach that can be adapted minute by minute. Take home resources for continued learning, training team members and implementation in your NICU. Network and navigate challenging issues. Bring your team. Nurses and ARNPs often attend and are welcome!

Learning Outcomes
- Discuss outcomes related to feeding in preterms
- Describe the scoring process for the EFS
- Describe application of the EFS to a cue-based feeding approach and problem-solving
- Identify infant cues of stress during feeding specific to physiology, swallowing and feeding
- Score and profile infant feeding specific to readiness, physiologic stability, oral-motor, & swallowing using videotaped feedings

Seminar Content
- Dynamic systems theory applied to feeding
- Preterm infant feeding skill development
- Systematic assessment using the EFS
- Scoring practice via videoed feedings
- Application of EFS to intervention, use in your unit
- Problem-solving team issues and success

This course is offered for 1.3 ASHA CEUs (Advanced level, Professional area)

Seminar 830 am - 430 pm both days
Registration 745 am - 815 am day on

THE ADVANCED CLINICIAN IN PEDIATRIC DYSPHAGIA:  
The Next Level

Instructors: Catherine Shaker, Theresa Gager

This timely interactive seminar will bring you essential information to enhance your effectiveness as a specialist in pediatric swallowing and feeding and a sought-after member of your team. What makes an advanced clinician “advanced”? It’s not just having information. It’s how you use the information you have, what sense you make of it considering the big picture, and how you apply it dynamically to each pediatric patient. Correlating co-morbidities, clinical data and the infant/child’s behaviors is at the heart of completing a good differential. Apply critical problem-solving skills to complex cases, explore hot topics in pediatric dysphagia and then discuss your challenging patients with the experts and your peers. Perfect for both novice to take it all in and for the experienced clinician searching for an advanced level of clinical problem-solving. Come ready to take it to YOUR next level, whatever that may be!

Day One: Complex cases, Hot Topics.
Day Two: Ask the Experts (Bring Your Cases!)

Learning Outcomes:
- Discuss the dynamic problem-solving process essential to effective clinical management
- Explain the use of system-based differential diagnosis specific to clinical presentation of feeding/swallowing problems.
- Apply critical reflective thinking to 5 case presentations
- List 5 strategies to enhance your effectiveness in your pediatric practice setting
- Explain key concepts/challenges/evidence specific to “hot topics” in pediatric dysphagia
- Complete a differential on your patient using the problem-solving approach discussed.

The Advanced Seminar will return in 2018!

Comments from Participants

✓ “Met the needs of a variety of learning levels and a team approach. Engaged the audience by answering questions and establishing a conversation. It’s the best most practical conference I have ever been to! —Christine
✓ ” Both speakers are fantastic teachers. This is a rare experience.” –Kim Z.
✓ “Very functional and informative. Dynamic speakers!” –Gretchen L.
✓ “Extremely knowledgeable speakers with the ability to engage the audience!” --Jo P.
✓ “Shared relevant literature and tons of clinical experience!” - Laura W.
✓ “This was the best conference I’ve been to in a long time and I have been practicing 25 years!” –Sarah W.
✓ “Great design of lectures, excellent videos, current research!”--Emily B.
✓ “Very useful and functional conference. Research presented was relevant and tied in very well to application, which is very rare in such a course.” --Nisha
✓ “The information in the NICU course that applied to management of the preemie after discharge was just what I was looking for! —Nina
✓ “Thanks for sharing what other therapists are doing around the country in their facilities and for giving me new “back up” for what I do!” --Lael
✓ “Presenters took questions readily and answered each question patiently and well. Gave me the what and why to problem-solve” —Pat
✓ “The courses are a great extension of graduate school for me – information filled the gaps and offered an invaluable set of resources to further my knowledge” --Erica
✓ “It’s a game changer to my practice. Gave me the in-depth medical components and research behind what we see clinically. Covered so many areas for better care and better communication with physicians and families” –Katelyn
✓ ” When I read the brochure, I wondered, can they cover all that? And they did! Amazing info. I was “re-booted!”—Katie
REGISTRATION FEES:

Fee includes seminar, beverage breaks, handout materials and certificate of completion.

- **Early Bird Registration fee:** Applies if postmarked at least 14 days before seminar date. Otherwise, only on-site registration possible. See fee below.

- **On-Site Registration fee:** On site required if not postmarked 14 days before seminar. Call 206-949-7630 to assure space available. See fee below.

NICU Swallowing and Feeding
Mail Registration: $395, On-Site: $425

Pediatric Swallowing/Feeding
Mail Registration: $395, On-Site: $425

Pediatric Swallow Studies
Mail Registration: $275, On-Site: $300

NICU: Early Feeding Skills
Mail registration: $395, On-Site: $425

PAYMENT

By Mail: Check only.
No purchase orders.
No credit card registrations.

On-Site: Call to check availability of space and details for onsite registration

For further information contact:

Pediatric Resources Inc.
P O Box 2536
Windermere, FL 34786-2536
(206) 949-7630
e-mail: pediatricseminars@gmail.com

CANCELLATION POLICY

Tuition will be refunded, less a $25 processing fee, if notification is received up to 3 weeks prior to the seminar. If less than 3 weeks prior to seminar, no refund; may apply to future seminar or send substitute attendee. Pediatric Resources Inc. is not responsible for any adverse events relating to travel to the seminar. We reserve the right to cancel the event 21 days prior to seminar date with full refund of tuition; not responsible for travel or other expenses.

LOCATION / DIRECTIONS


CONFIRMATION

Registrations are confirmed by e-mail

Relevant Disclosures:
Financial: Theresa Gager, and Suzanne Thoyre each received an honorarium from Pediatric Resources Inc. Catherine Shaker is the owner of Pediatric Resources.
Non-Financial: Ms. Shaker and other speakers have no non-financial relationships to disclose

Visit our Website:
Shaker4SwallowingandFeeding.com
“Discover…Teach…Inspire”

REGISTRATION FORM

NICU SWALLOWING AND FEEDING

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NICU: EARLY FEEDING SKILLS TOOL

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Contact Info: e-mail: pediatricseminars@gmail.com
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